

## Testimonials: The Power of The Dream Circle

I arrived for week 1 of the 5-week Dream Circle with a dream of having a studio space to create my artwork – a big upgrade from my dining room table! Things happened so fast! My vision was fully aflame in my heart, but my courage was still just a lone ember. It quickly grew six-fold with the clarity and support of the other Dream Circle members and I realized this didn't have to remain a dream at all. I took action, and was so excited when, on week 5, I hosted our Dream Circle at my new studio!" ~ Bonnie, Cranston, RI

"For me, the greatest gift from the Dream Circle was the awakening of ideas and inspiration. I find myself weaving messages from daily life, assuming that these are all signs and indicators of what's to come. My dream is evolving fast and I'm inspired by knowing the possibilities are endless for all of us. The Dream Circle group format is absolutely the formula that makes this process work. I was so inspired by the dreams of others and even wanted to steal a dream or two at times...At the end of the day, the Dream Circle helped each us find, refine and define our dreams. Thanks to Tara and Ali for facilitating us into this special place...." ~ Linda, Middletown, RI

The Dream Circle allows each person to voice their dreams with no fear of putdown. It's exciting to see how seeds developed as meetings moved along and witnessing how dreams morph or become far more defined. The inspiration is two-fold. It feels so very good to help others by offering positive, constructive feedback, and in turn that same constructive feedback helps you crystalize your own dream more clearly. Together we created a circle where each other's ideas evolved from labels to an outline, to attainability. It was magical. ~ Hilary, Newport, RI

Tara provides the perfect balance of empathy and the loving-but-firm push we all need to make time to pursue our dreams, whether related to health, work, spirituality, or creative pursuits. Being part of a group meant that we had a compassionate support group of fellow dreamers and doers as well as compassionate accountability. ~ Laura, Providence, RI

My experience in The Dream Circle was fun, inspiring and an energizing way to become present to my deepest dreams and aspirations. I got the courage to step out and share my talents in a loving space. I loved the new people I met. Tara is a joy, a delight, and the embodiment of sunshine! ~ Dawn Marie Harwood

The Dream Circle can be one of the best gifts you ever give yourself. Be present to the adventure of your own life!

## Dream Circle Facilitators

Tara Sage Steeves, Founder of *Create Your Life!*

### Alison LeBrun, Certified Facilitator



Ali has years of experience leading creative workshops. She is designer and facilitator of a 12-week Life Story Program, a 10-week Creative Writing Class, and has also served as a community circus trainer for the Providence Circus School. As a 3-year student of Landmark Education leadership programs, a *Create Your Life!* coaching client, and originally a Dream Circle participant, she has experienced first-hand the power of a coach-approach in moving people forward. Alison finds joy in creating safe spaces for people to create and fulfill on their dreams. She is honored to facilitate playful, powerful Dream Circles and accelerate the dream manifestation process.